

Archery Compound Bow (Ed Belbas) NYSDEC Certified Bow Instructor

Ed will explain safe bow handling and teach you to shoot compound bows, just like Robin Hood! (or in our case, Maid Marian)

Archery Crossbow (Chris Schotz) Wilson Conservation Club

Chris will be demonstrating and instructing you with his expertise on the crossbow using a scope site.

Fly Fishing (Jim Guidi) WNY Fly Fishing Instructor

Come learn the graceful casting method used in fly fishing, as well as determine the proper fly to use in the different seasons to help catch the "Big One"!

Air Pistol (Doug Boris) NF R&G Club

Learn safe pistol handling and the fundamentals of pistol shooting, along with several different hand held positions, using an air pistol, taught by NRA Certified Instructor Doug Boris

Basic Shotgun Certified instructors of NF R&G Club

Learn safe gun handling of shotgun shooting, taught by NRA Certified Instructors of our own North Forest Rod & Gun Club. Seize the moment, and take the opportunity to try something you might never have done before! It's a HOOT. Just ask the NFR&G/Shoot & Hoot Gals.

One Stroke Painting (Karen MacRae) Purple Cat Studio

Karen, a Certified One Stroke instructor, will teach you how to paint your very own vintage wine glass, then take it home and enjoy your favorite wine.

Tomahawk/Knife Throwing (Allen Leaderhouse)

Learn how to safely and properly execute a throw, and hit targets presented at various distances. This is truly a lost art.

I have my Pistol Permit, now what? (Jim Emmick) President of Firearms Training of Western NY

Jim will walk you through the proper techniques of handling, loading & safely shooting your pistol. He will also cover some concealed carry laws and answer questions you may have.

**** YOUR PISTOL PERMIT, UNLOADED PISTOL AND 2 BOXES OF STORE BOUGHT AMMUNITION FOR YOUR PISTOL IS REQUIRED FOR CLASS. PLEASE BRING ONLY YOUR PERMIT TO CHECK-IN.**

Basic Home Protection (Jim Emmick) President of Firearms Training of Western NY

Jim will talk about the basics of home protection and cover some of the laws covering home protection.

Survival Bracelets (Mary Stepanian)

Mary will start you on weaving your own survival bracelet. You never know when an emergency arises and you just may need it, and they look good too!

Basic Rifle (Dick Beutel) NRA Certified Training Counselor NF R&G Club

Dick will explain the basics of rifle shooting and then have you shooting rifles from different positions.

Authentic Outdoor Cooking (Rose Shaeffer) Newfane Historical Society

Step back in time, as Rose shares her recipes with you and teaches you how to prepare our dessert for the day. Tripod cooking, Dutch oven cooking and how to use a 3 tiered oven, just as your Great Grandmother had in the past.

Fishing the Tributaries/Cleaning Fish (Chuck Booker) New York Sportsman Hall of Fame

Chuck, holder of numerous world record catches, will share his knowledge with you about what fish like. He will also talk about how to clean and filet your catch.

Kayaking (Todd Finley) Oak Orchard Canoe & Kayak

Todd, a Certified Kayak instructor, will demonstrate the peaceful side of the sport of kayaking.

Self Defense (Sifu Steve James)

Don't be the next victim, Sifu James will explain how to build awareness to avoid confrontation and how to fight back only when you have no choice. Come listen and learn a few techniques.



We are grateful to the following groups.

Their involvement ensures our success!

North Forest Rod & Gun Club

- Friends of the NRA
- Niagara County S.C.O.P.E.
- NRA Women on Target
- Wilson Conservation Club
- Firearms Training of Western NY
- Big Chinook 1 Fishing
- Purple Cat Studio
- One Eyed Jack's Smokehouse Grill

All our Instructors and Volunteers

Registration Form Sept. 14, 2013 clinic

Please choose 6 activities in order of preference (You will be scheduled for 4)

Upon receipt of this registration you will receive a confirmation email

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

For shotgun session (please circle answer)

I am bringing my own shotgun	Yes	No
Gauge	12	20

Name _____

Address _____

Address _____

Phone # _____

Phone # _____

Email _____

** If you would like to schedule your class with a friend, please send your registrations in together and note on your form. We will try to accommodate your request.

Please send this registration form along with your check in the amount of \$60.00 payable to North Forest Rod & Gun Club to:

North Forest Rod & Gun Club
c/o Kathy Kristy
541 Niagara St
Lockport, NY 14094

For any questions or special needs contact either:

- Colleen Gaskill (716) 439-1464
cghummingbird7@gmail.com
- Kathy Kristy (716) 696-2434
nonnyfifty@gmail.com



NORTH FOREST ROD & GUN CLUB'S

LADIES SHOOT 'N HOOT & NRA WOMEN ON TARGET

Presents

4th Annual Women Conquering Outdoor Adventures

Saturday September 14, 2013
6257 Old Niagara Rd
Lockport, NY 14094

Shoot and Hoot was founded 5 years ago by Colleen Gaskill and Kathy Kristy, who were then two of the few women members of the club. Along with the monumental support of North Forest Rod & Gun Club, they brought the joys of this sport to women who wanted a safe, fun environment for recreational shooting with other ladies. It has grown by leaps and bounds, **proving** that enjoying the outdoors is not just your daddy's sport!

We do not care about scores, and take great joy in "hooting" when a fellow shooter hits their target.

Safety is first and foremost, followed by the bonds created by sharing the love of this sport with other women.... (and it's a lot of FUN too!)

NRA Certified Instructors volunteer their time and skills to teach basic shooting fundamentals that encourage success.

This event was created to introduce women to a few of the many outdoor activities available, and to provide a safe fun environment to participate alongside other women.

A heartfelt thank you to Niagara County S.C.O.P.E. for their continued support.

We gratefully thank the NRA for their support and grant money that helps make events like this successful.



From the Women of the NRA.

Ladies Shoot 'n Hoot Conquering Outdoor Adventures!



Spend a fun-filled informative day with other women learning about various aspects of the outdoors; from shooting, cooking, glass painting, and kayaking, just to name a few. A delicious lunch, raffles and door prizes will round out the day. All classes taught by certified/experienced instructors.

RSVP by 9/2/13

\$60.00 pre-registration is required. Fee includes all equipment, lunch and 4 sessions.

Event space is limited to 100. Please apply early, classes fill up quickly.

**Saturday
September 14, 2013**

North Forest Rod & Gun Club
6257 Old Niagara Rd
Lockport, NY 14094
716-438-2009

